

Evaluation of the organization and activities of the YE "Empowerment through Creative Arts and Participation for European Teens" (ECAPT)". Agreement No: 2025-1-AT01-KA152-YOU-000297832 from participants.

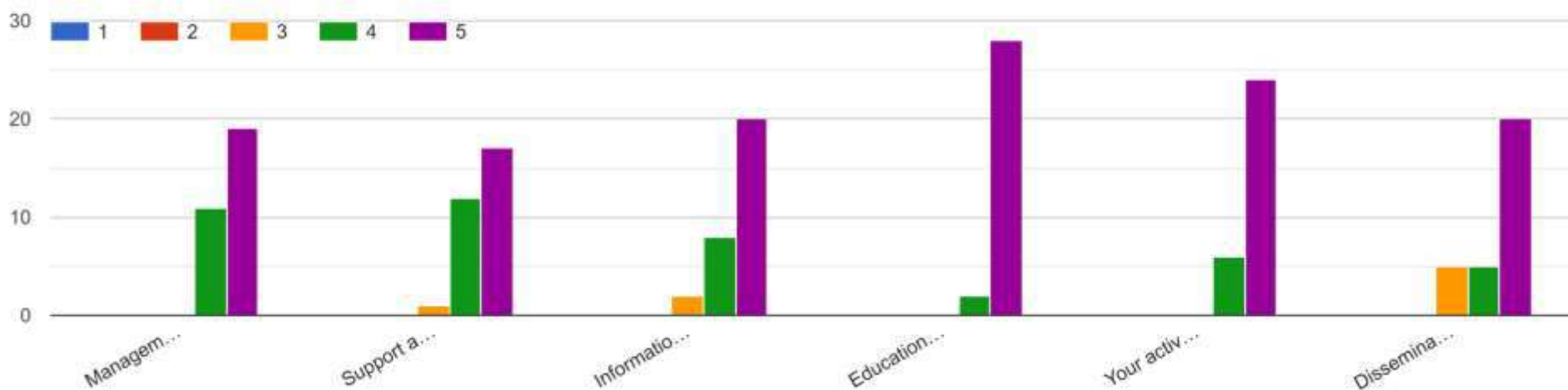
On the last day of the YE "Empowerment through Creative Arts and Participation for European Teens" (ECAPT)" (on 17th of February 2026) of our activities participants of the project answered online the following questionnaire.

We would like to have your opinion about our YE, that took place in Vienna, Austria (Appartements Ferchergasse) regarding the overall youth exchange organization and the activities we had; educational, cultural and others.

The questionnaire is divided in five sections and we would like to gather your feedback because your opinion is important to us and will also help us to improve. This questionnaire is only for participants AND LEADERS in the youth exchange.

Management and Organisation Questions

The following questions are about the project's overall organization. Answers are from one to 5 where one is the very negative answer and 5 the very positive answer. With the following order: 1. Highly ...onse must be your personal opinion depending on your own experience.



Do u want to mention anything about management - information send and other organisational themes of the project?

The theme of the project was presented very well. All of the activities represented topic of this Youth Exchange. I loved every second of every activity. We were always told to stop our culture night's dancing very earlier than the hours of silence I enjoyed this exchange! The schedule was okay but the one thing that was off was the hosts. The cooperation was difficult and the atmosphere was sometimes really tense. Everything was good and i enjoyed every single activities on this project
All was good
They managed great
No

the management guided the participants very well, step by step, explaining the activities thoroughly The project was very well organized and super interesting, but I think the place that we stayed, even tho the conditions we're very good in terms of accomodating, they we're not suitable for the project. They asked us to cook out traditional foods but then they didn't let us do something's because of the smell and they wanted us to have international nights but then we couldn't do any loud not just during the night but also during the day and that's not very good, mostly because this is a project about art and singing, dancing, acting should be part of it

We were told to stop our culture nights very early
I don't think so.
the only thing that i'd say wasn't well thought out was that we couldn't be loud on the intercultural nights at least
Everything was perfect, bobby is a perfect person to be a facilitator. Hosts from vienna also made everything clear and they were open to help but i think they were a lil bit too scared about the noise in the evening before the 10PM
It was difficult to work good because the owners disturbed us even during the day activities

Any comments about the activities?

No
. i like when we need to open for our creativity. The activities teached me some type of critical thinking and changed my vision about art and social life.
Activities was good, interesting, atractive
I really enjoyed all the activities,they were very enjoyable
Activities were amazing!!!
They were really cool and i had lot's of fun but they were also very educational
No I really enjoyed the activity's
They were amazing we had alot of fun learning
I loved every activity

All the activities were lovely, interesting and informative. All of them represented what we were here for. Loved all of them, especially Bobbie's movie activity and theater of the oppressed. All of them were great! Thank you so much :)
Activities were really well-prepared and interesting. I was never bored or looking forward to end activities.
I loved all the activities, I thought they were important for the theme of the project and at the same time they were very fun. None of them were boring or bad.
I think the activities were set up really well. No complaints

interesting with a moderate level of difficulty, suitable for all
I really enjoyed the activities, they let us think a lot about the topic of the project in an interesting way of non formal education, listen to other people ideas about a topic was very good and we we're able to express ourselves in many forms
I really enjoy them and i will be miss the workshops with Bobby :)
They were good, but in some activities there were too many people in the group and not everybody had time or could talk about the subject we were discussing

Any additional comments?

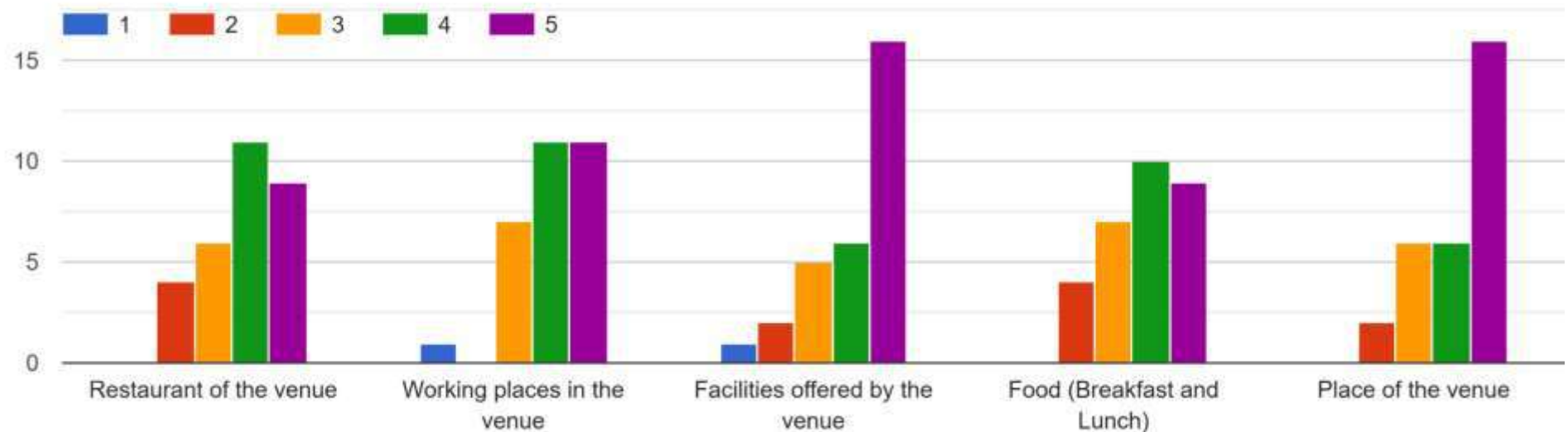
I am really appreciated for this opportunity it was indeed an amazing project
The project was very nice but accommodation wasn't good because we cant do our cultural night and they wanted for us to be quiet at 8 pm when we wanted to dance our cultural dances.
Bobby has done his work very well. I really like the way he is leader of our workshops. Because of him, I was sitting at this workshops with interest.
Terrible breakfasts and the atmosphere on intercultural nights with walking owners of the place was horrible, especially when we were trying to be quiet

Bobby was great very supportive and very nice
The team is amazing
It was very nice to be here
It's difficult to have a group of young people in a residential area where they can't make noise or socialize normally—listen to music, dance, sing... they're young. That needs to be understood.
Another situation was that we were told we would be picked up at the airport, and in the end we had to come by train. I think the transfers were not communicated correctly.
Bobbie is a perfect person for these projects.

I really liked this project. Everything was amazing and I want to thank you for this opportunity, for your concern for us and for being perfect in everything. It couldn't have been better! Thank you!
The accommodation was good quality, nice and clean, but as project participants, we felt it wasn't suited to our activities; we felt like we were intruding at every turn. We couldn't present ourselves in the way we had planned. This prevented us from integrating and spoiled the atmosphere. Always with a smile and that perfect energy ☺

Accommodation and Food of the Training

Within your recent stay in Apartments Ferchergasse for the need of the youth exchange please rate your overall satisfaction with:



Anything that you want to mention in particular that will make us better about our future projects which have to do with the accommodation place and the food in the project

The food was really good, just maybe should have more "clean" protein like non fried protein. Also like I mention before the accommodations we're very very good but in my opinion not suitable for a project where young people should be able to express themselves and be loud (the normal amount of it at least during the day)

Food wasn't good for me and when we ask for some vegetables for breakfast they tell us that we have bananas and oranges and they didnt know whats going on

This prevented us from integrating and spoiled the atmosphere.

More space for activities and for the young people to socialize normally.

I think it's important to include more meat or fish meals in addition to the vegetarian option.

Next time pick a place where people can get a little bit louder and a place more spacious. It was really inconvenient when poles could not show all the dances because it was too loud (we put music on as quieter as we could and still it was bad fir the owners) and also because it was 9pm when other cultural evenings were til 10-11pm

Youth spaces should be judgment-free zones where young people feel empowered to express their emotions boldly and loudly

I think there could be more options of food

The place is good but I think there isn't enough space for some activities. The food was okay

We can maybe do much better on the food

It was very unfortunate that we had to stop dancing at 10 and sometimes even at 8:50

Food for us was kinda mid but it was "eatable"

To have more options of food for the breakfast

Quite time is from 10pm. It was very unfair for some teams not to show whole programme in it's finest because of the "noise control" before 10 pm. Food got better with each day (especially loved chocolate cake)

In the future there should be more options for breakfast

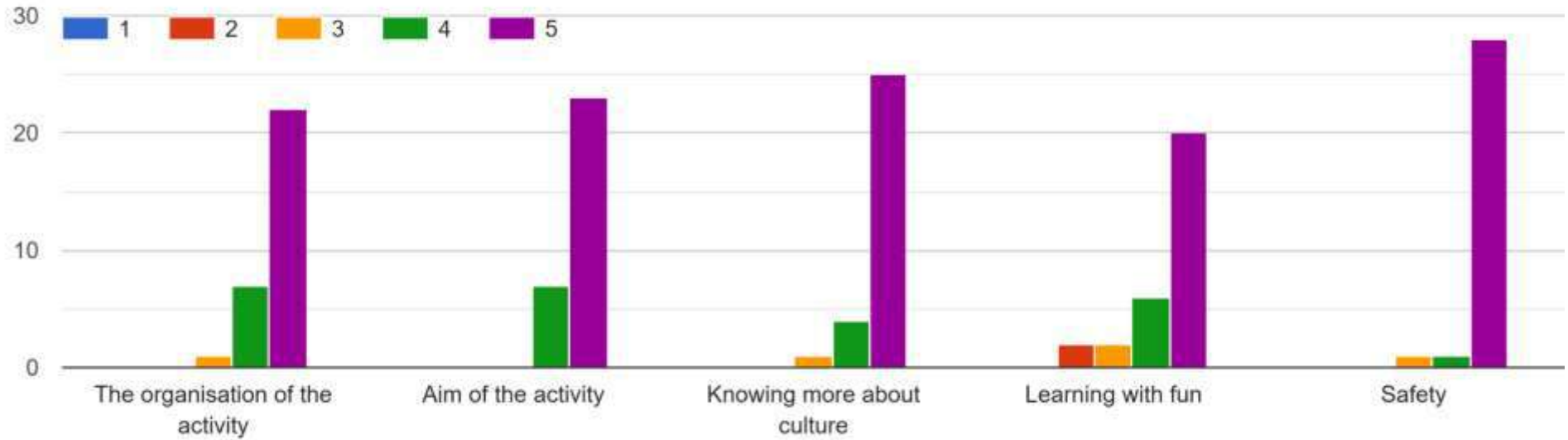
I really liked this project. Everything was amazing and I want to thank you for this opportunity, for your concern for us and for being perfect in everything. It couldn't have been better!

again the only sad thing was not being able to be loud on intercultural nights

The accommodation was good quality, nice and clean, but as project participants, we felt it wasn't suited to our activities; we felt like we were intruding at every turn. We couldn't present ourselves in the way we had planned.

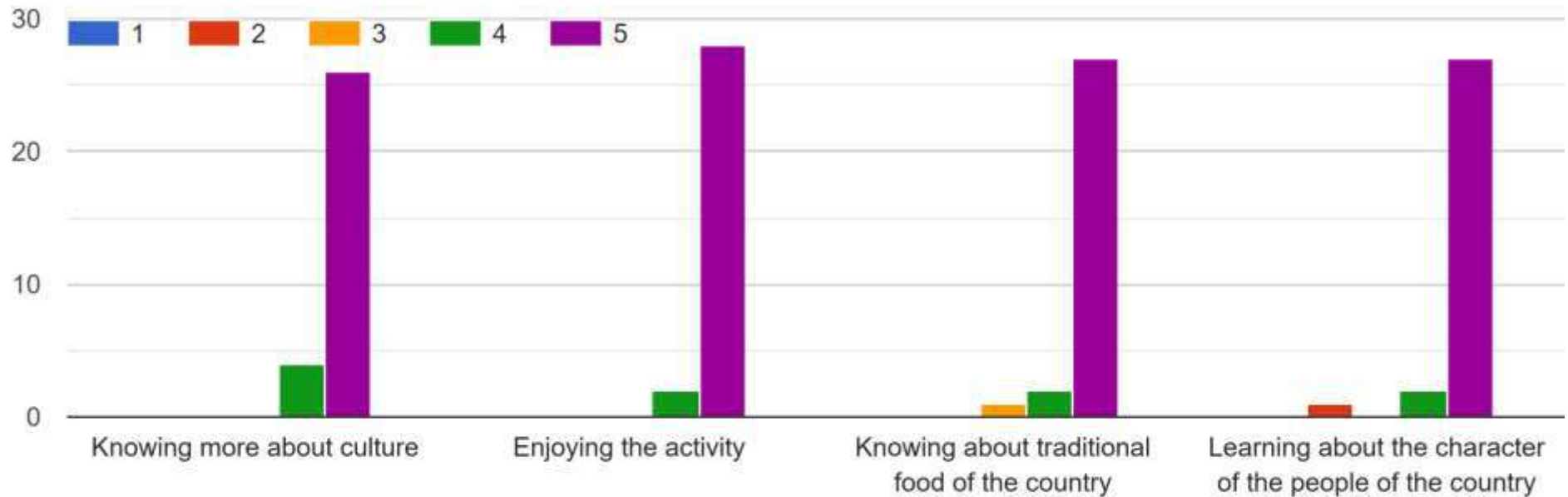
Outside Activities

Cultural Visit to the Jewish Museum (Judenplatz) . How do you evaluate your personal involvement in the activity according to:



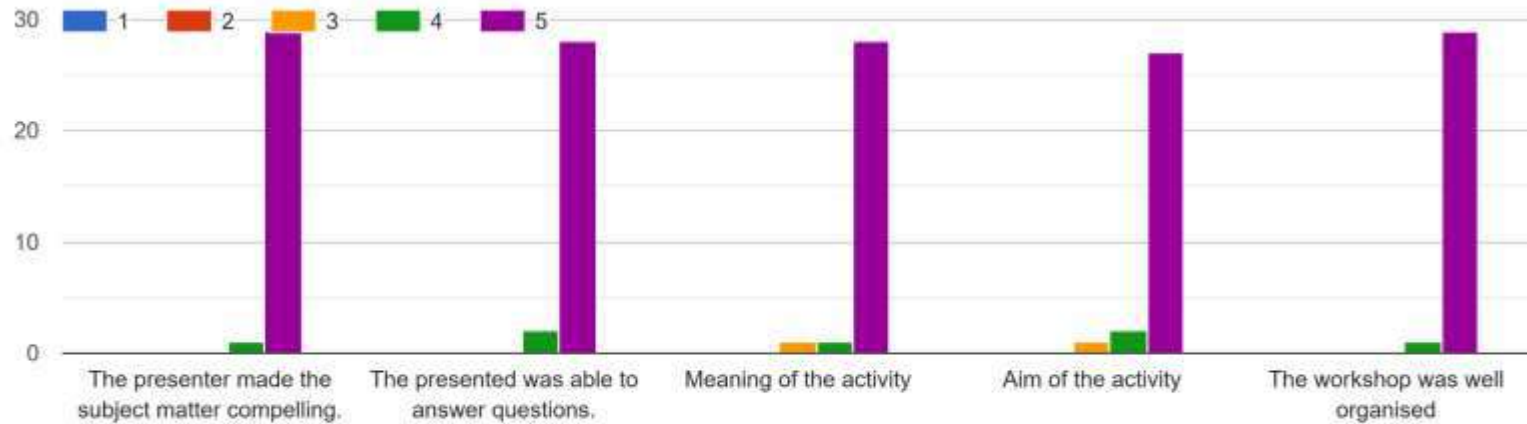
Intercultural/Night Activities

Intercultural night and traditional cooking (All nights): How do you evaluate your experience in not only cooking, but also experiencing the cooking of others as well as their culture:

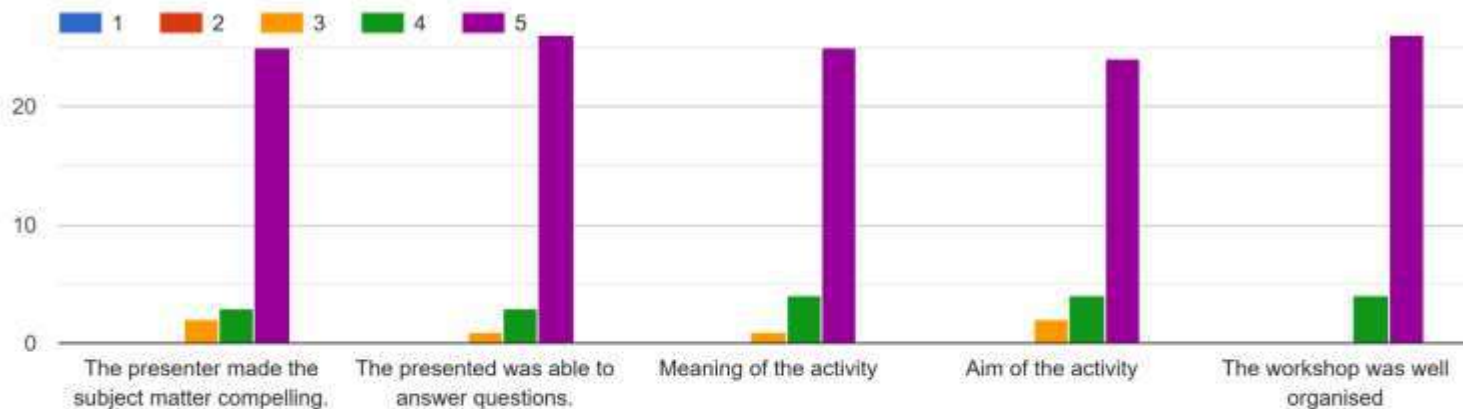


Non-Formal Educational Activities

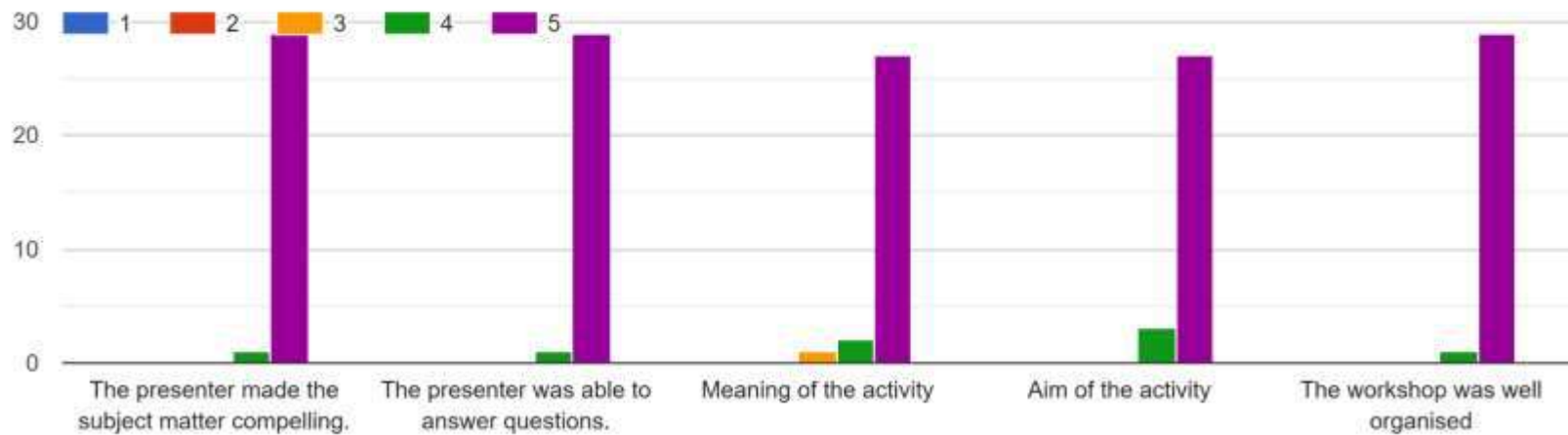
Icebreakers and Team building activities. (Wednesday ongoing). These were the activities on the first day. We played different type of games in order to learn more about...ther. Evaluate the activities according your expectations:



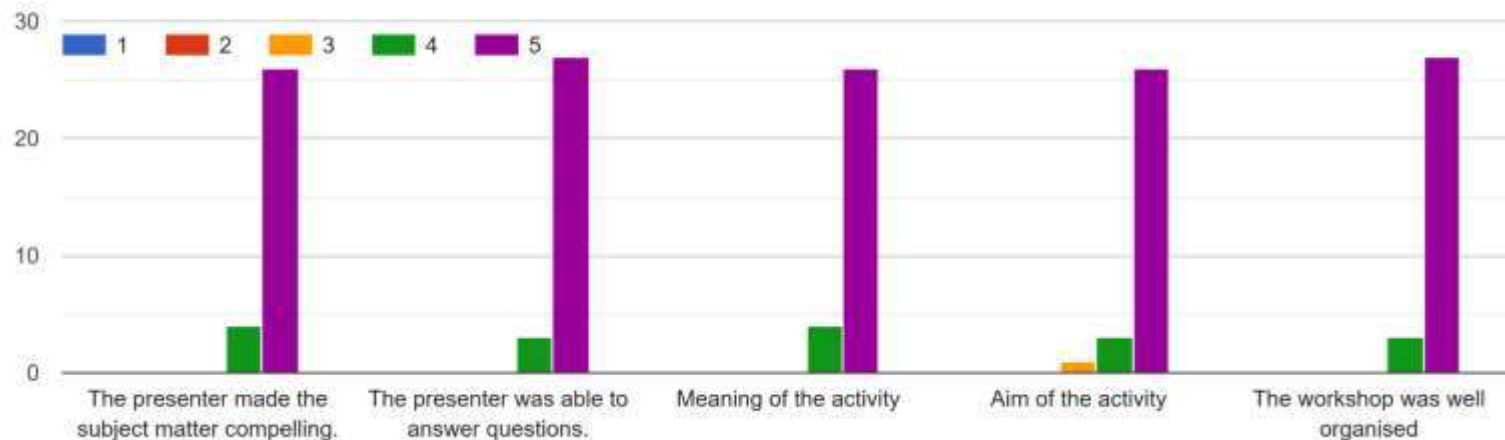
Energizer activities (Every day). Evaluate the activity according your expectations:



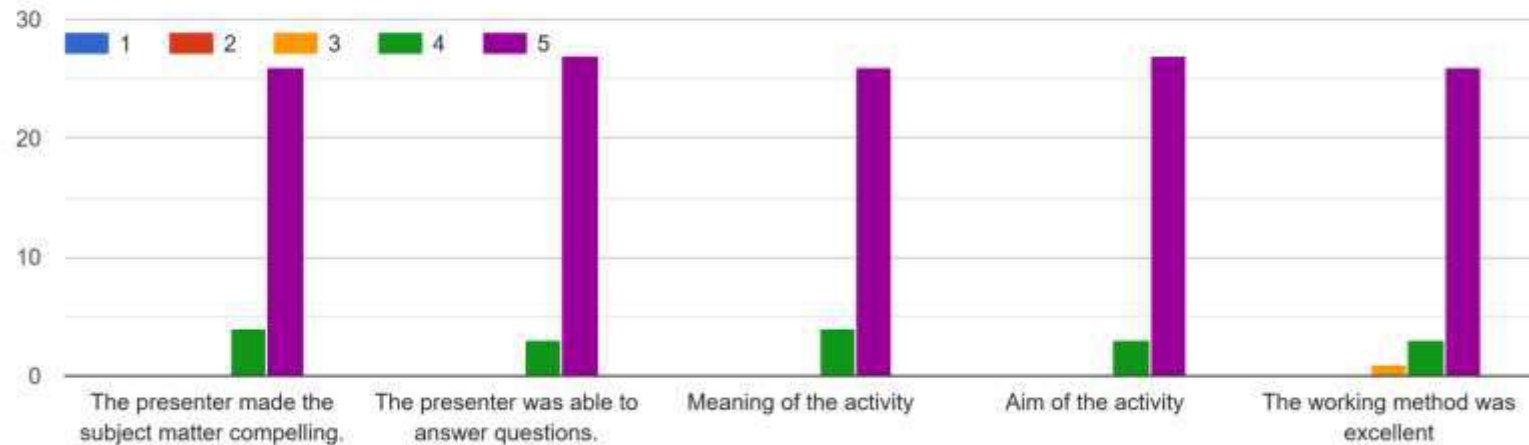
Fears, Expectations, Contributions backpack (Wednesday morning) - This was the activity where we drew our backpacks based on the above factors. Evaluate the activity according your expectations:



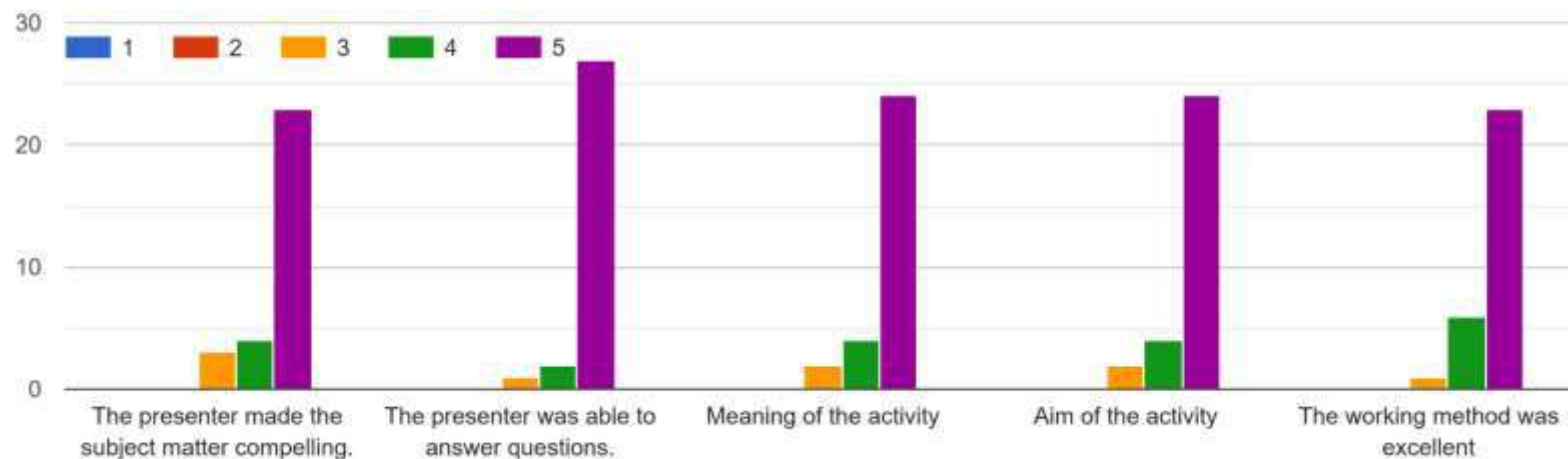
Youthpass key competencies activity (Wednesday morning): This was the basic activity where you took part in different mini-activities to understand how the categories... works. Evaluate the activity according your expectations:



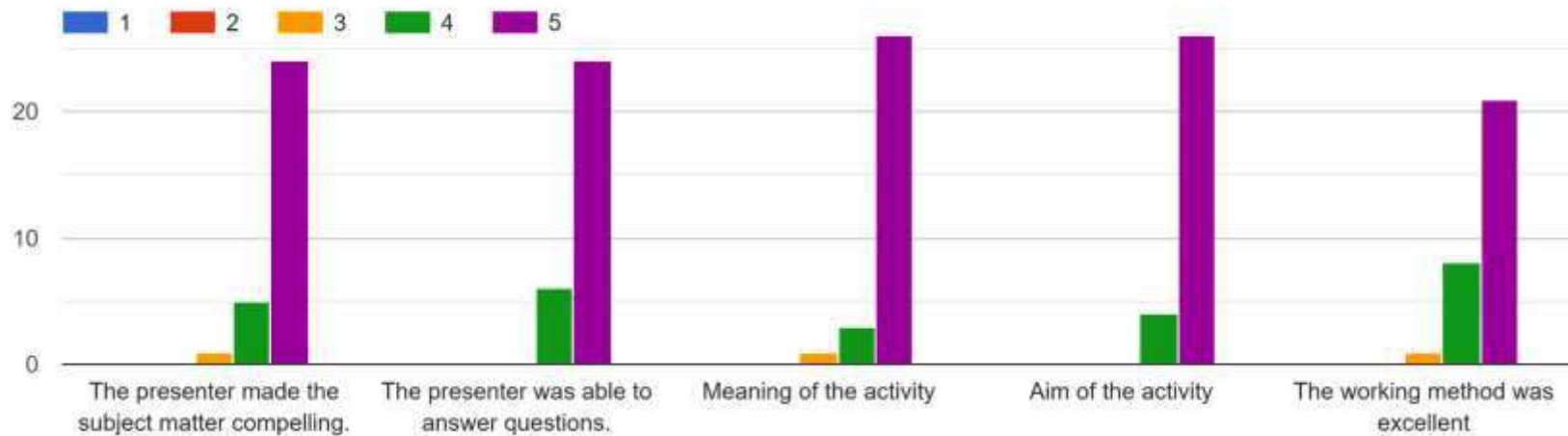
Dive into the topic + stereotypes (Wednesday afternoon) This was the presentation by Bobbie diving into the topic, and how we talked about what kind of stereotypes o...wn us. Evaluate the activity according your expectations:



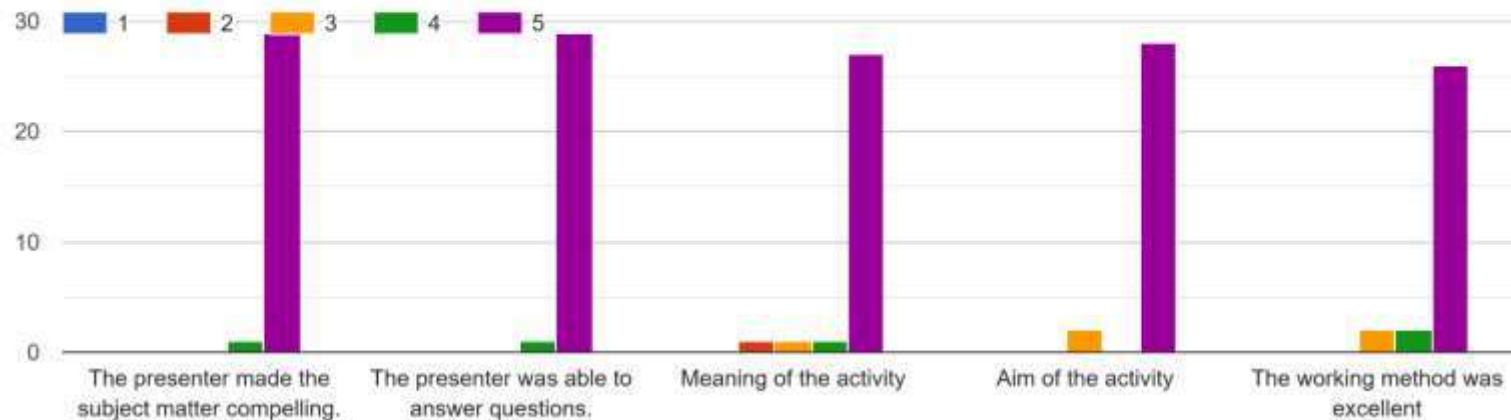
NGO Market (Wednesday evening) This was the mini fair we created where we presented our NGOs on flip-charts. Evaluate the activity according your expectations:



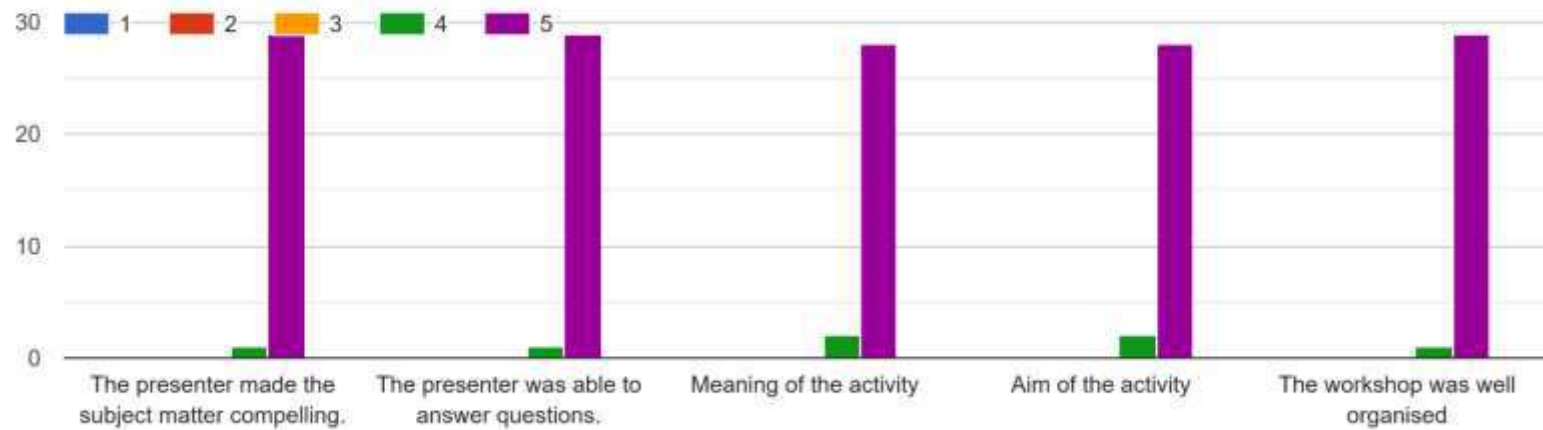
Realities of Countries/Homework presentation (Thursday morning): This was the activity where each country presented the preparation activities they did before coming...change. Evaluate the activity according your expectations:



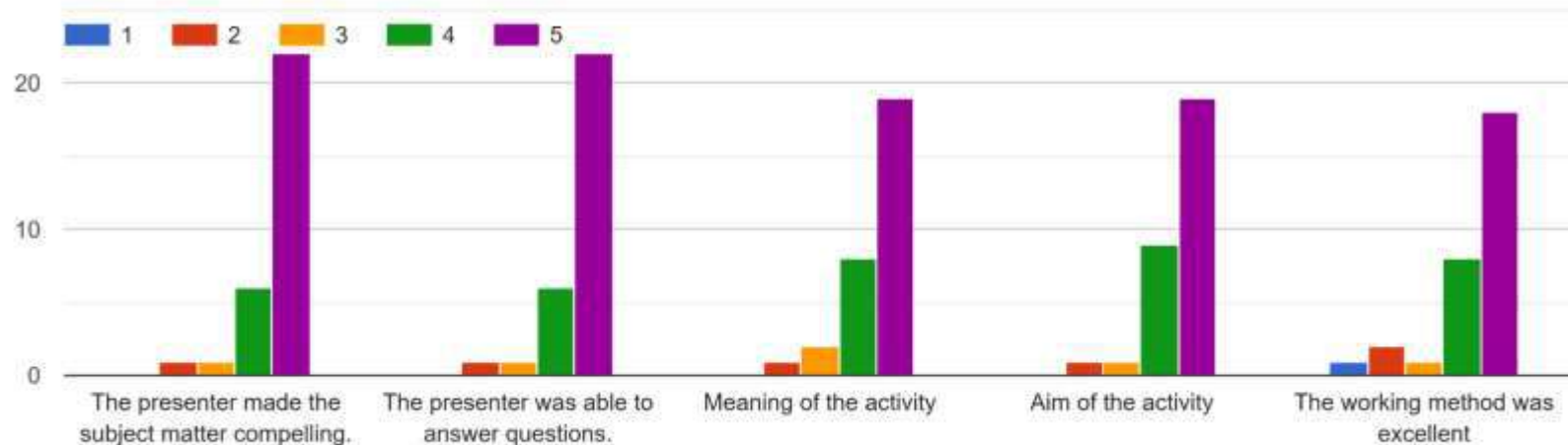
Identity flower and Image theatre (Thursday morning): This was the small activity in pairs with identities which led to image theatre with mini plays about our cultures. Evaluate the activity according your expectations



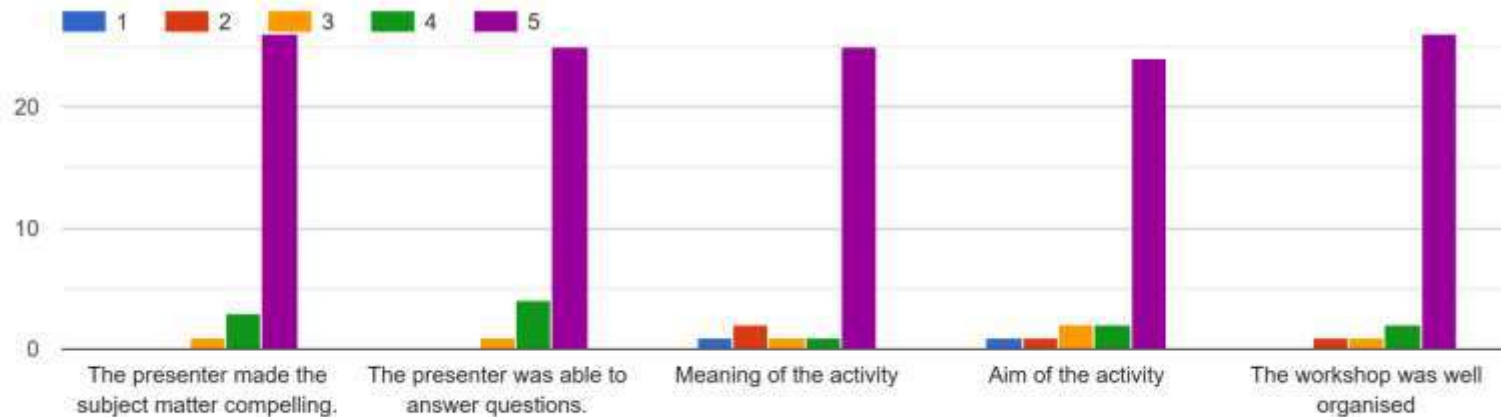
Poster Making (Thursday afternoon). This was the activity where Bobbie presented the polish way of poster making, and we made our own based on different types of a...igns. Evaluate the activity according your expectations:



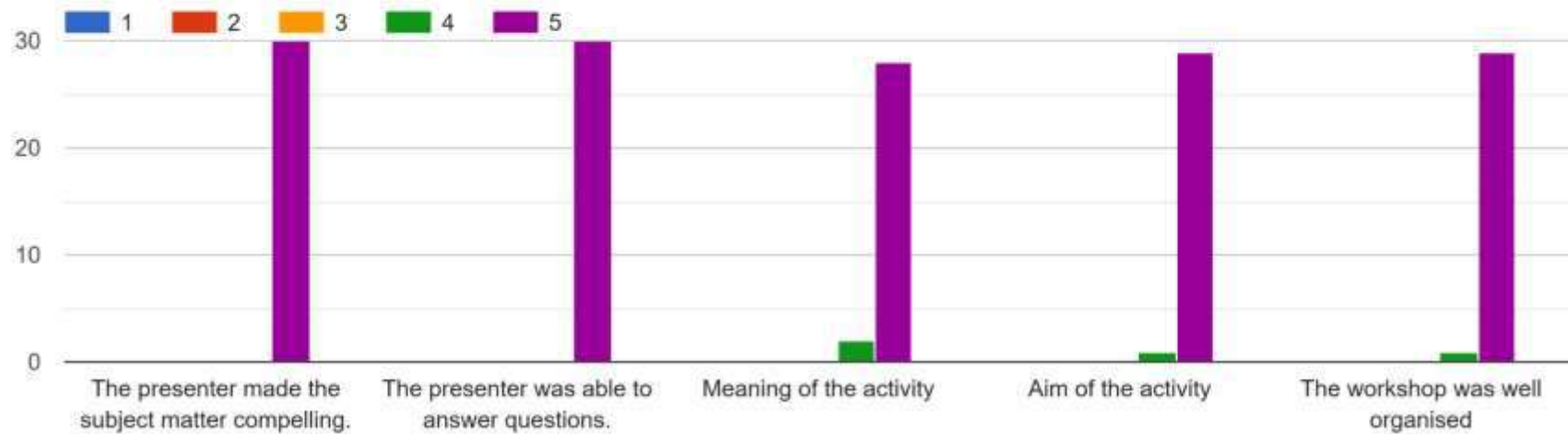
Active Listening activities (Thursday evening). These were the activities with active listening in pairs, where one group was tricked! Evaluate the activity according your expectations



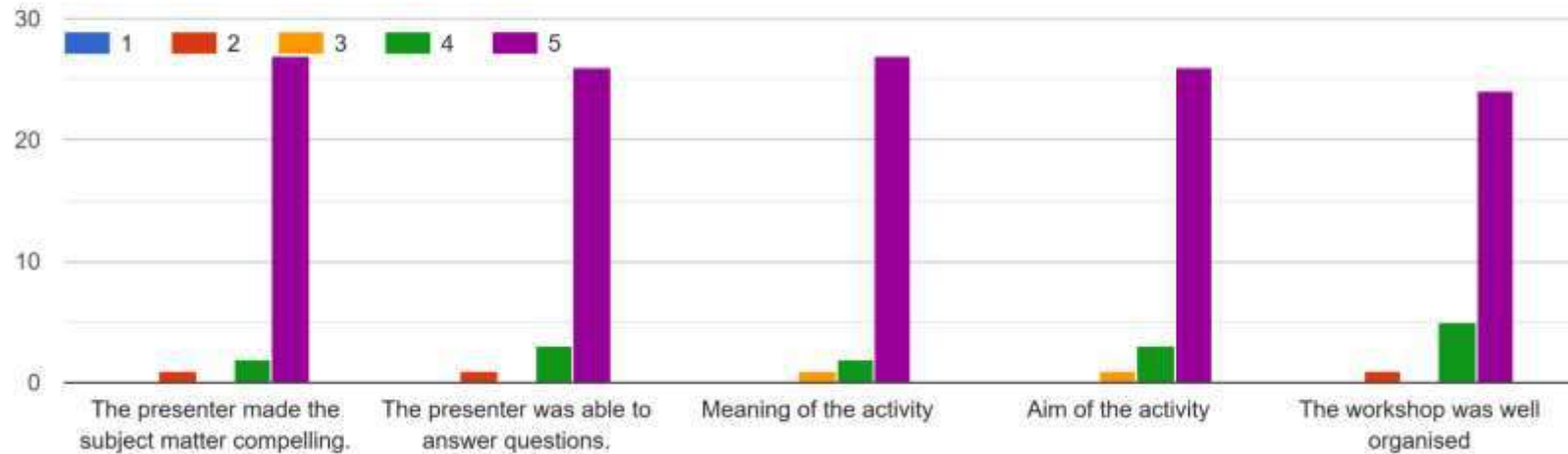
Open Art Therapy type activity (Saturday morning) This was Michael's activity where he showcased us some of the art techniques he knows and we were given the freedo...anas. Evaluate the activity according your expectations



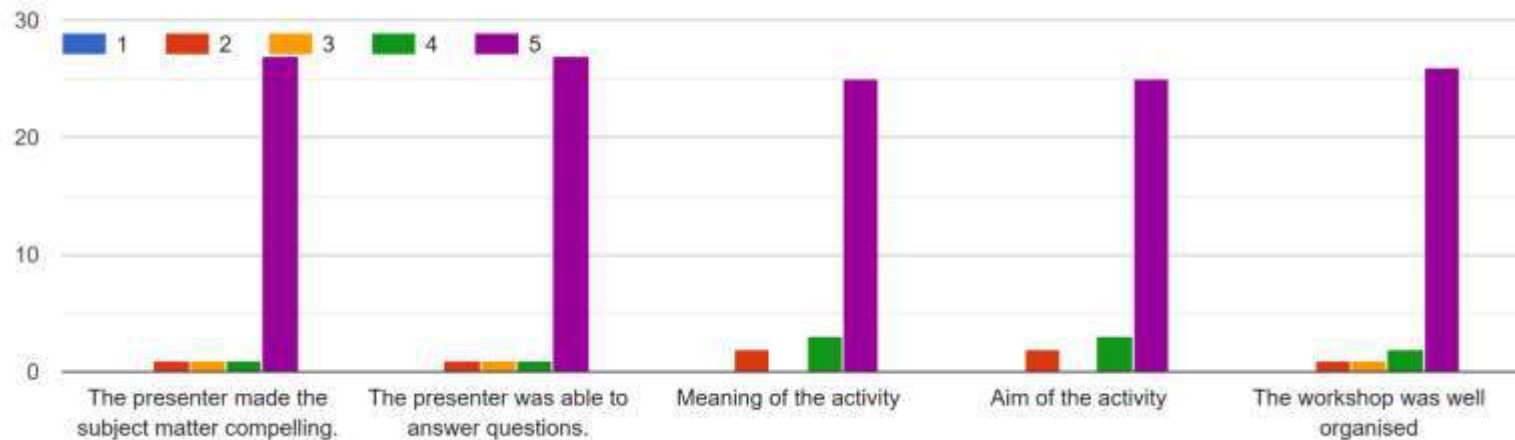
Cultural Diplomacy I (Saturday) This was the activity where you had to come up with a country, including flags, language and currency. Evaluate the activity according your expectations:



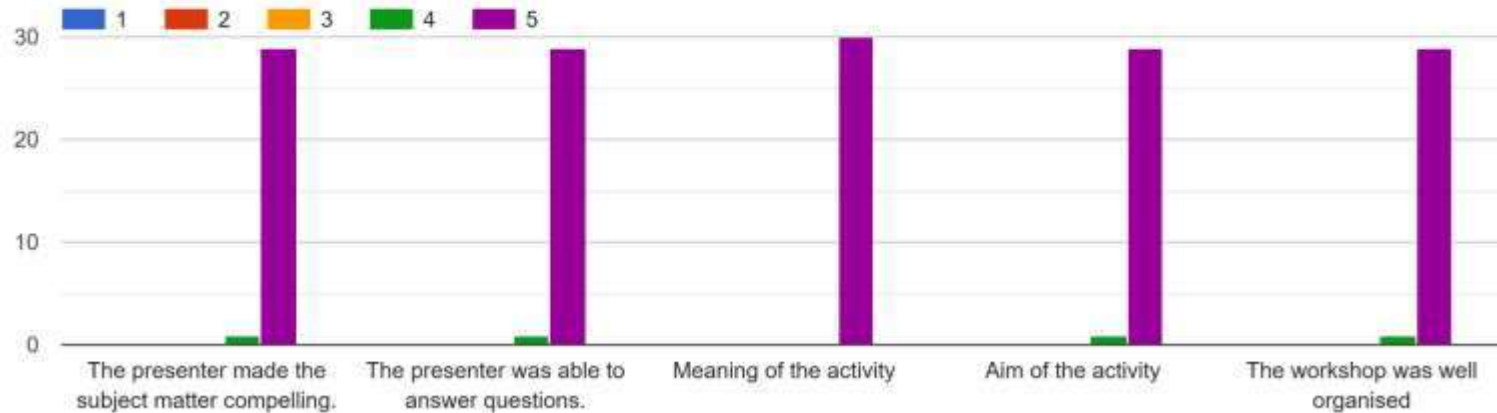
Cultural Diplomacy II (Saturday) This was the activity where you went to the UN court, and fought for recognition against other countries. Evaluate the activity according your expectations:



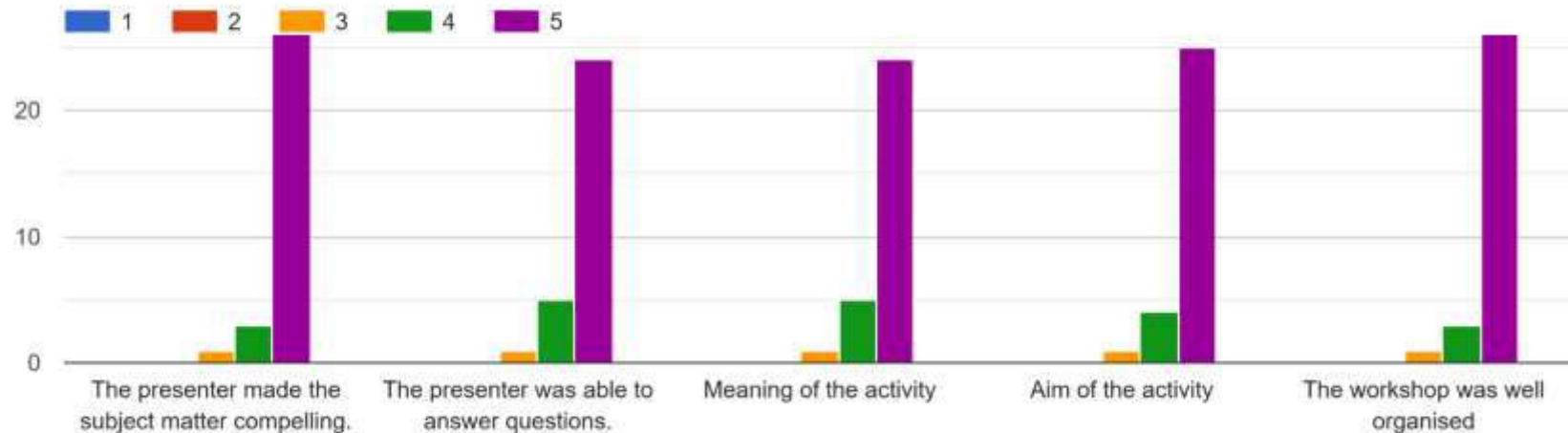
📷 Photography competition (Saturday evening). This was the activity where in your group you had to take photos of love, friendship, freedom and fear, and a compet...tions. Evaluate the activity according your expectations:



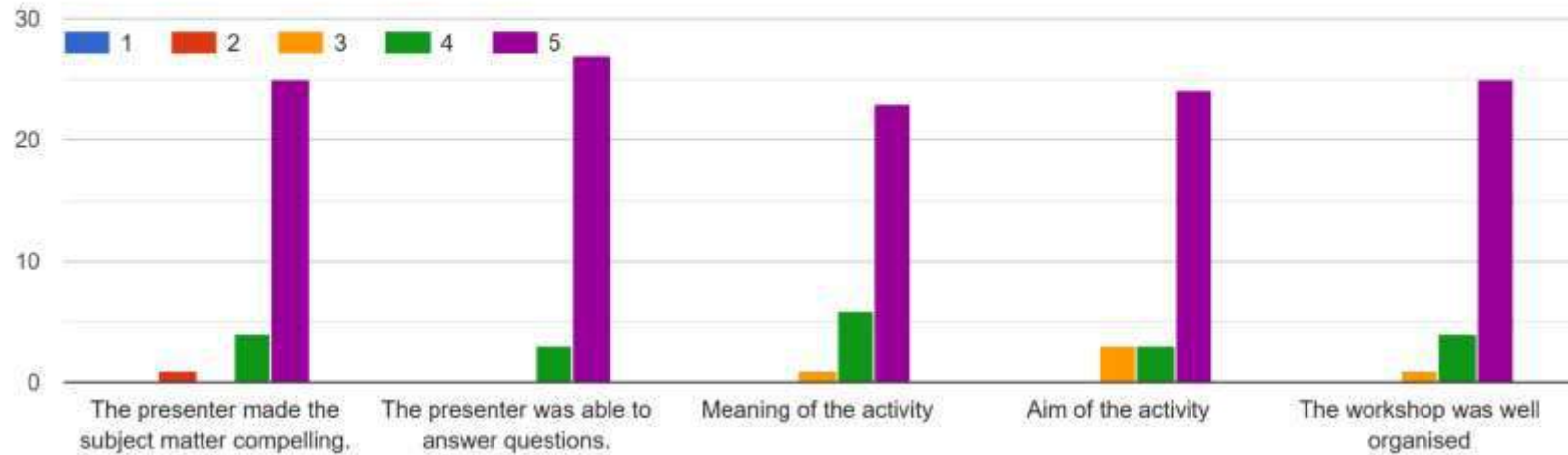
Theatre of the Oppressed (Sunday morning). This was the activity where you created plays based on discrimination, with the audience intervening and changin...come. Evaluate the activity according your expectations:



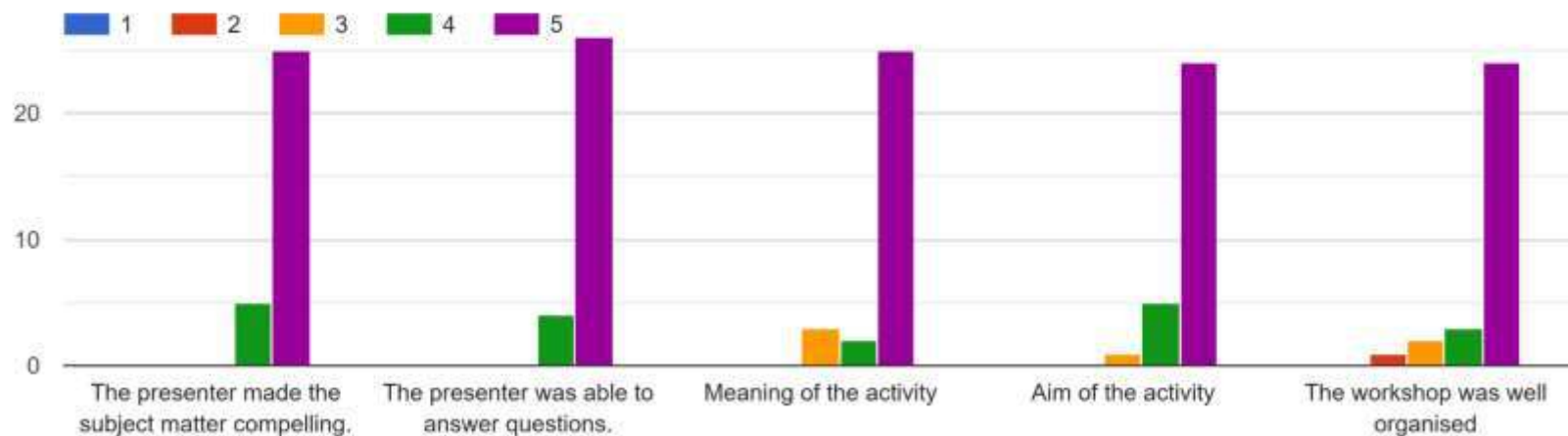
World Café (Sunday afternoon) This was the activity in stations, where based on different prompts, and set leaders, you were discussing different topics of art, and i...clusion. Evaluate the activity according your expectations



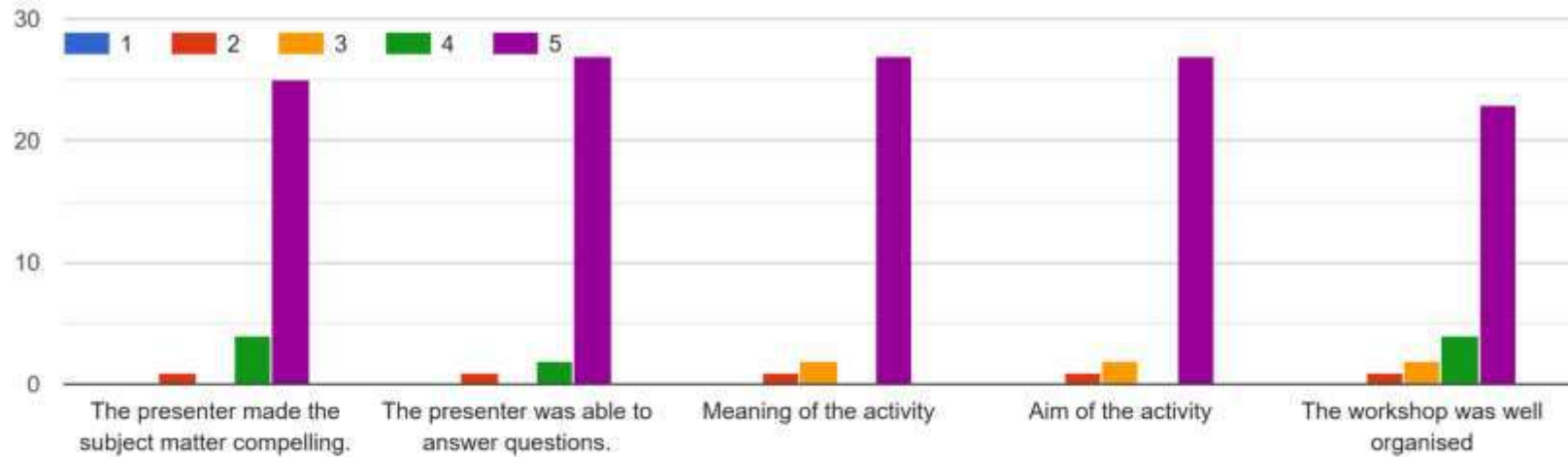
Movie Pantomime (Sunday afternoon) This was the activity where in teams, using non-verbal communication, played guessing games based on movies. Evaluate the activity according your expectations



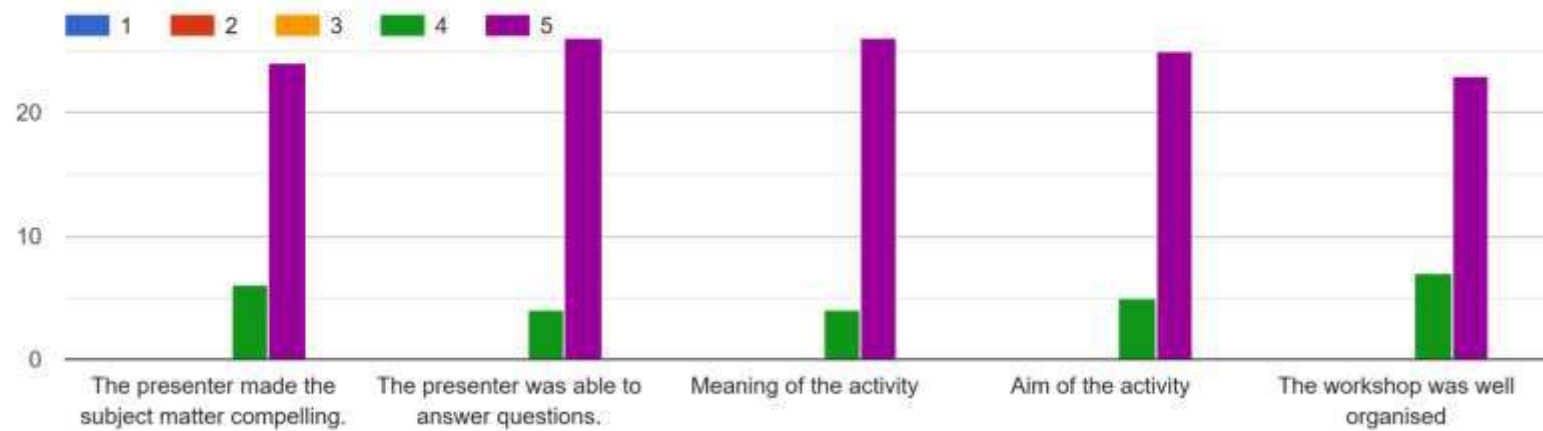
Concepts of Support and movement (Monday morning) This was the activity in the morning where you tested out support systems by being blindfolded in pairs. Evaluate the activity according your expectations



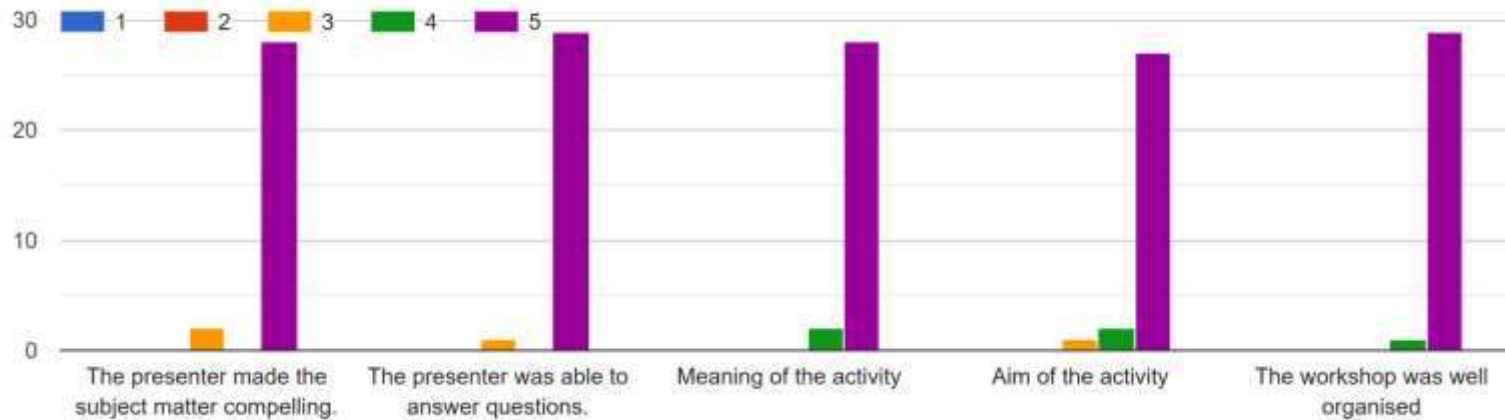
Back-to-back communication (Monday morning). This was the activity, where you sat behind each other and attempted to draw based on the description of your partner. Evaluate the activity according to your expectations:



Video making 🎥 (Monday afternoon+Tuesday morning) Starting our dissemination campaign already, in national teams you made videos sharing your experience of...ject. Evaluate the activity according your expectations:



EU Erasmus+ Opportunities (Tuesday morning). This was when Bobbie talked about all the different opportunities you have as part of the European Commission. Evaluate the activity according to your expectations.



General Questions

In a few words, how would you describe your emotional outcome for the organization and implementation of the Youth Exchange?

I had really good time in this project, facilitators were really great and everything was explained very clearly. I really liked the culture nights and that we had opportunity to cook by ourselves. But it was really sad that we couldn't enjoy the culture nights and dances because every evening we were told to stop. This project had a very good impact on young people.

opportunity for young people to discover new perspectives and broaden their horizons. It allowed them to connect deeply and realize a fundamental truth: despite our many differences, we share so much in common.

It is a perspective changing activity that makes me want to do more in the future and it made the importance of the EU even clearer to me. I really liked everything and I feel more educated and sensitive about the topic.

Actually I feel very nice I made a few new friends and spent good time with them, I got to know more things about the discrimination and I had a great time during the workshops so after all everything feels great 😊

It was my first mobility experience as a team leader on my own, so it was very important for my professional development.

More or less happy

I really enjoyed this project. I'm looking forward for the next one

loved it

I loved it. Never participated in a project like this so I loved every activity and every second this week.

I'm excited, happy, emotional, and couldn't be more glad this happened

I was able to meet great people and learn more about different cultures and also discrimination, so my emotional outcome is positive:)

The youth exchange always has huge impact on my perception of the world and improves my knowledge of important issues.

I really enjoyed the youth exchange, I really learned a lot. More than I thought I would. I am glad that I could experience the topics discussed in the project with other countries

- It was great. I feel very connected to the people but also learned a lot more. I loved it here it was really fun, great people and the weather is really good compared to my country. So I really enjoyed my stay here. This organisation always makes me feel good about the world. I always feel like all my needs are taken care of	I'm really happy that i can be part the exchange like this and the workshop's was great All of them because we had an opportunity to touch hard topics and understand hard problems in really easy and interesting activities. But alo I didn't understand why some activities were meaningful but i still had fun and at the emd of the day I was reflecting why were doing some of these activities joy, interest, fun, happiness This project provided a unique	i look at the world in a better way, thank you:) I really enjoyed this project,I believe I learnt many new things. Including culture, discrimination and ways we can stop it.I think youth changes are amazing for young people to step out there comfort zone, and explore the world. I can't wait to go on my next youth exchange. Happiness, understanding and love to people I am happy I learned alot about discrimination and other cultures
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Which activity had the maximum impact for you?

that where I can open my imagination for example photos or drawings The one in which we had to present our culture to others The activity with that had the biggest impact on me was definely the theater. I loved how everyone was free to make their own sketches as well as how creative and full of ideas all of us were. I think forum theatre was the most impactful activity.	Theatre of the oppressed The theater of the oppressed The theatre The theatre of the oppressed the one from monday morning World Café and Theatre of the oppressed theatre for sure I think it was theater that had the biggest impact and moral and was the most interesting. Theatre about different situations about discrimination	The theater of the oppressed The coolest was theater, nice interaction, interesting task that causes laughter and a nice mood theatre mini theatr Theater of oppressed because it let me understand that we all have situations where we face discrimination but it's really easy to fix them by just having courage to say and to help victims of discrimination	Cultural nights, world cafe, posters making For me it was the activity where we made our own countries, it was very enjoyable and I believe it helped me to think quickly and it inspires creativity. Theatre of the ompressed Cultural diplomacy Doing the posters for discrimination Theather all
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Which activity had the least impact for you?

There wasn't any, as I think each activity had a meaning and I learnt something from each one. world Café None Drawing I think every activity had an impact except the one I did not do The posters World cafe (it's good it's just that this activity never works with me)	all of the activities had impact No one Concepts of support and movement They all left a huge impact for me, but the least was the one where we were communicating back-to-back. the creation on the island posters Probably the poster making as, for me, it was very tiring	It was the activity about drawing with sitting behind each other. It didn't really teach us anything. All activities for me were interesting and fun They all had an impact on me. the ngo market painting with paints The painting The one were we had to draw shapes without seeing them	I think everyone had an impact on myself:) when we must to explain someone in our pair the picture and they must to draw this Identity flower because it was a small activity which meaning I didnt quite understand theatre movie pantomime
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Favorite meal? :)

polish Cyprus cultural night, a sort of strogonoff Rice with curry (vegetarian m)	I enjoyed the curried chickpeas Lithuania dinner at culture night ldk Kaiserschmarrn	Bacalhau à brás Rice with mushroom sauce (and of course chocolate cake)	Cypriot team dinner Bacalhau à Brás. portuguese
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rice with mushrooms
Austrias scrambled pancakes,
lithuania's drink and POLISH FOOD
OMG I LOVED IT SOOOO MUCHH
cyprus meat
All meel was good

It was one of the lunches the
chicken and mushroom stew it was
sooooo good
Cyprus
The lunch on day five, with rise and
mushrooms
The polish meal

the beautiful portuguese bacalhau
à brás of course :)
The pizza 1000% 😊
all
Pizza or rice with mushrooms
sauce

Cyprus night(everything except the
goat cheese soup)
dishes prepared by Lithuania
The chocolate cake as well as the
potato pancakes
Portuguese cod
Portuguese

Any message you want to tell the facilitator's team? :)

This Program exceeded all my expectations. I
learned a lot, had a lot of fun and it motivated
me to sign up for more erasmus projects in the
future
i love you all
You really did a great job!
I'm glad that i can be in this project and i hope
it's not my last project with your organization:)
Thank you guys for helping us 😊
They're the best
Thank you for everything, for having all the
colours in you!
Thank you for making these week one to
remember for life!
It would be amazing if we had more time
dancing and singing at the cultures night
👏 Very good job
Thank you, the project was wonderful.

At first I didn't have much faith in this Erasmus
program, but after being here it has exceeded
my expectations. I really enjoyed being with
these people and I learned a lot.
Loved Bobbie
just it was such a pleasure to meet you all and
to be part of this with you
Thanks for everything you do, this program was
as perfect as it can get all thanks to you:) 🤍
First of all thank you so much for receiving us, I
am truly appreciated to be able to make part of
this project. You we're amazing with us and
everything was really great, just a little bit sad
for us not being able of enjoying so much of
ourselves that are people who love to dance
and talk and sing because we never could make
noise.
Good job! You are the best!

I don't think the hosts are the right people to
organize and have people here because they
didn't like anything and wanted silence.
The team were great and everything was
explained very clearly 🤍
I want to thank you for these incredible days. I
didn't want this to end, but everything that
begins has an end. You were amazing in
everything. I hope to see you again and I really
enjoyed meeting you all. I hope to come to
Erasmus again and with you. I want to go and
visit Cyprus so Nikolas...
you are so cool!!!
good job guys, I hope i could meet you at one
time
Bobby is the best, loved all the participants and
enjoyed my time here + learned a lot more
about this topic